

Resources for you

Loss of Income plus Tax Support

If your family is concerned about **Loss of Income** here are some resources that may be able to help.

Loss of income can happen for various reasons such as illness, relationship breakdown, or loss of employment.

Resource	Contact Info	Details	How to get help
Alberta Supports Contact Centre: Alberta Works	www.alberta.ca/income-support.aspx	To be eligible, you must: <ul style="list-style-type: none"> • Live in Alberta • Be at least 18 years old • Be a Canadian citizen, permanent resident, refugee or refugee claimant • Be unable to pay for your basic needs • Not have income or assets that exceed guidelines: see website • Be willing to apply for other income programs that you may be eligible to receive (such as Employment Insurance) 	Apply for money to pay for basic expenses like food, clothing and shelter. Complete the application (on website) and then bring it in to apply in person at one of the five Calgary branches (see website for locations.)
Alberta Jobs Corps	1-877-644-9992 www.alberta.ca/alberta-job-corps	To be eligible, you must: <ul style="list-style-type: none"> • Be at least 18 years old • Be legally entitled to work in Canada • Live in Alberta • Be unemployed or underemployed • In receipt of, or would otherwise qualify for income support benefits 	Find paid training and work experience if you have had difficulty finding or keeping a job. Call or apply in person at local Alberta Support Centre - there are 5 locations in Calgary.



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Alberta Workers Resource Centre	403-264-8100 or Toll Free 1-844-435-7972 info@helpwrc.org	Alberta Workers Resource Centre assists with employment claims and complaints: Employment Standards complaints, Employment Insurance claims and appeals, Workers' Compensation claims, employment-related complaints under the Alberta Human Rights Act, and claims for employer short/long term disability and Canada Pension Plan disability benefits.	Call or email to make an appointment.
Employment Insurance	Toll Free 1-800-206-7218 www.canada.ca	Temporary benefits for workers and sickness and parental leave.	Online, by phone, mail or in person. To find a Service Canada office near you, see: www.servicecanada.gc.ca
Free Tax Clinics	www.informalberta.ca	Wide range of free tax clinics available to Calgarians.	Visit website to search for tax clinics near you.

